

# Preparing for Your Telemedicine Visit

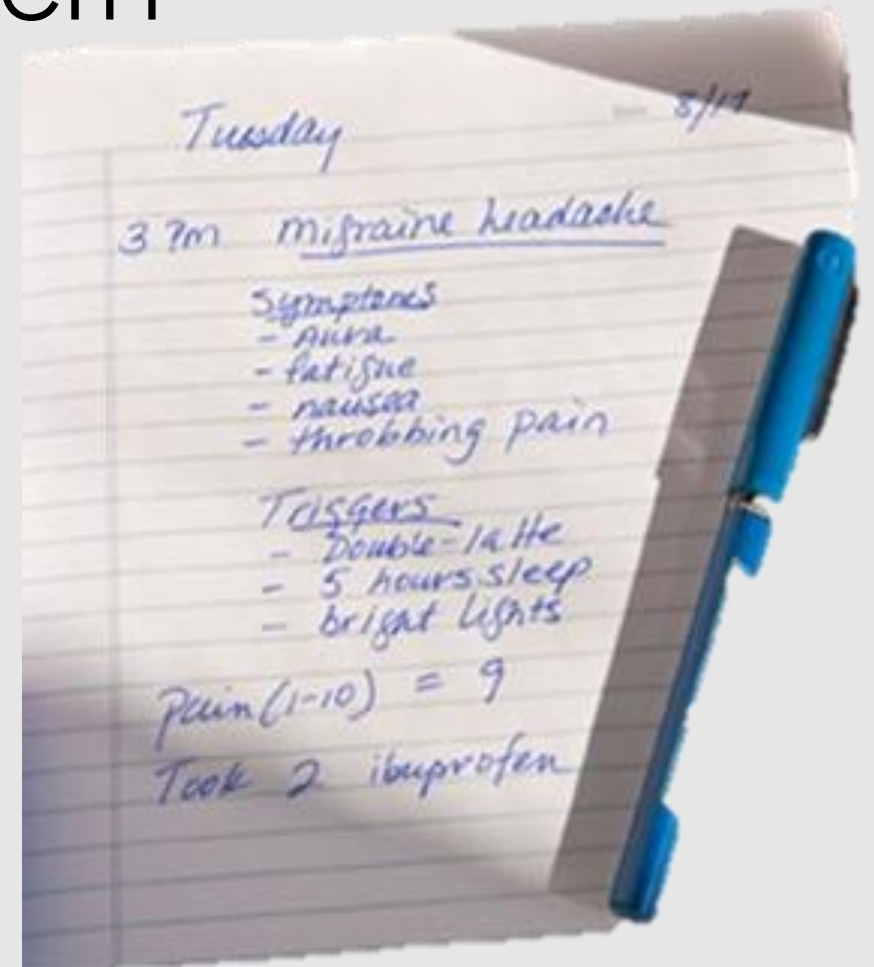
Dr. Anikah H. Salim

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# Before the visit

- Know your headache pattern
- Monitor and track your headache



# Before the Visit

- Gather your medical records
- Know your medical history and current medications



# Before the Visit

- Ask questions ahead of time



# During the Visit

- Determine your equipment
- Set your location



# During the Visit

- Come with questions
- You do not have to do it alone
- Calm any fears



Have A Great Visit

